

# 競 技 時 間 表

開始式 (挨拶、審判長注意)

9:30

| No. | カテゴリー | 種目    | 組 | 目標記録            | 400mラップ     | 招集開始  | 招集完了  | 競技時間  |
|-----|-------|-------|---|-----------------|-------------|-------|-------|-------|
| 1   | 中学女子  | 1500m | 1 | 5' 55           | 94.7        | 9:35  | 9:45  | 10:00 |
| 2   |       |       | 2 | 5' 40           | 90.6        | 9:45  | 9:55  | 10:10 |
| 3   |       |       | 3 | 5' 15           | 84          | 9:54  | 10:04 | 10:19 |
| 4   |       |       | 4 | 4' 25 / 4' 45   | 70.6 / 76   | 10:02 | 10:12 | 10:27 |
| 5   | 中学男子  | 1500m | 1 | 5' 40           | 90.6        | 10:09 | 10:19 | 10:34 |
| 6   |       |       | 2 | 5' 25           | 86.6        | 10:19 | 10:29 | 10:44 |
| 7   |       |       | 3 | 5' 15           | 84          | 10:28 | 10:38 | 10:53 |
| 8   |       |       | 4 | 5' 00           | 80          | 10:37 | 10:47 | 11:02 |
| 9   |       |       | 5 | 4' 55           | 78.6        | 10:45 | 10:55 | 11:10 |
| 10  |       |       | 6 | 4' 45           | 76          | 10:52 | 11:02 | 11:17 |
| 11  |       |       | 7 | 4' 40           | 74.6        | 10:59 | 11:09 | 11:24 |
| 12  |       |       | 8 | 4' 25           | 70.6        | 11:06 | 11:16 | 11:31 |
| 13  |       |       | 9 | 4' 05 / 4' 15   | 65.3 / 68   | 11:13 | 11:23 | 11:38 |
| 14  | 男女    | 5000m | 1 | 16' 40          | 80          | 11:20 | 11:30 | 11:45 |
| 15  |       |       | 2 | 15' 30          | 74.4        | 11:42 | 11:52 | 12:07 |
| 16  |       |       | 3 | 14' 40          | 70.4        | 12:02 | 12:12 | 12:27 |
| 17  | 女子    | 3000m | 1 | 11' 15          | 90          | 12:20 | 12:30 | 12:45 |
| 18  |       |       | 2 | 10' 20 / 10' 40 | 82.6 / 85.3 | 12:35 | 12:45 | 13:00 |
| 19  |       |       | 3 | 9' 30 / 10' 00  | 76 / 80     | 12:48 | 12:58 | 13:13 |
| 20  | 男子    | 3000m | 1 | 10' 10          | 81.3        | 13:00 | 13:10 | 13:25 |
| 21  |       |       | 2 | 9' 45           | 78          | 13:15 | 13:25 | 13:40 |
| 22  |       |       | 3 | 9' 30           | 76          | 13:29 | 13:39 | 13:54 |
| 23  |       |       | 4 | 9' 10           | 73.3        | 13:42 | 13:52 | 14:07 |
| 24  |       |       | 5 | 8' 40           | 69.3        | 13:54 | 14:04 | 14:19 |